

Jesus all About Meaning (plausible, relevant, good)

耶穌是一切的意義 (似乎合理的, 相關的, 好的)

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When I was in Yr. 6 I thought, I can't wait to be in high school. When I finally got to high school it was great but after about 3 weeks, the feeling didn't last.

我在6年級時。我想，我等不及要上高中了。當我終於上高中時感覺很棒，但大約三週後，那感覺不再持續。

Then I looked at the seniors and thought, when I get to be a senior, a prefect, that's when I'll have made it. Finally, when I was in Year 12 and a school prefect it was great for about 3 weeks, but that didn't last.

然後我看著學長，心想，當我成為學長時，成為領袖生，我就成功了。最後，當我到了12年級並擔任級長時，有大約三週的時間覺得很棒，但並沒有持續多久。

So, I began to think of university, when I get to Uni. that's when it will be great. Eventually I wound up at Uni. and it was great for about 3 weeks, but that didn't last either.

所以，我開始想到大學，到了大學，那時候會很棒。最終我入了大學。大約持續了三週覺得很好，但也就不再持續。

So, I thought, when I get a girlfriend then everything will be just right. I finally got a girlfriend, and it was great for about 3 weeks ...

所以，我想，當我有一個女朋友時，一切都會恰到好處。我終於交到女朋友了，大約三週感覺棒極了……

- We're always looking for the next thing, never satisfied, there's an ache a hunger inside us but for what?

- 我們總是在尋找下一件事，永不滿足，我們內心有一種疼痛和飢餓，但為了什麼？

- Have you noticed how each new day, we strive, think and worry about the future, looking desperately to fill our lives with anything that will give us meaning, relevance, significance, purpose, and hope.

- 你有沒有注意到，每一天，我們如何努力、思考和擔心未來，拼命地尋找任何能給我們帶來意義、相關性、重要性、目標和希望的東西來充實我們的生活。

"I want my life to count." / "I want to live a life of purpose." / "I want my life to have meaning."

「我希望我的生命有意義。」 / 「我想過一種有目標的生活。」 / 「我希望我的生活有意義。」

Bernard Levin a British journalist once wrote, *"Why do I have to know why I was born? Because, of course, I am unable to believe that it was an accident; and if it wasn't one, it must have a meaning."*

英國記者伯納德·萊文曾寫道，「為什麼我必須知道我為什麼而出生？因為，當然，我無法相信這是一個意外；如果它不是意外，一定是有某個意義的。」

Yet the American philosopher Thomas Nagel, writes in his essay **The Absurd**: “Even if you produce a great work of literature which continues to be read thousands of years from now, eventually the solar system will cool or the universe will wind down and collapse and all trace of your effort will vanish ... The problem is that although there are justifications for most things big and small that we do within life, none of these explanations explain the point of your life as a whole ... It wouldn't matter if you had never existed. And after you have gone out of existence, it won't matter that you did exist.”

然而，美國哲學家湯瑪斯·內格爾在他的論文《荒謬》中寫道：「即使你創作了一部偉大的文學作品，並在幾千年後繼續被閱讀，最終太陽系會冷卻，或者宇宙會停止運轉然後崩消失，你所有努力的痕跡都會消失……問題是，儘管我們在生活中所做的大多數大大小小的事情都有理由，但這些解釋都沒有解釋你整個生命的意義……如果你從未存在過也沒關係。在你消失了不復存在之後，你是否曾經存在過就不再是重要了。」

He concludes that in order to answer the question, ‘what is the point of life’, we must attach things we do to “something larger than ourselves.”

他總結說，為了回答「生命的意義是什麼？」這個問題，我們必須將我們所做的事情與「比我們自己更大的東西」聯繫起來。

What on earth am I here for? What is the purpose of my life? Why did God make me & what am I supposed to be doing with my life? It's not a new question.

我來到這裡到底是為了什麼？我一生的目的是什麼？為什麼上帝創造了我，我應該用我的一生去做些什麼？這不是一個新問題。

1000's of years ago the teacher asked the question. Ecclesiastes. 7:24 *How can anyone discover the meaning of life?*

幾千年前，老師問了這個問題。《傳道書》7:24，萬事之理遙不可及，太深奧，誰能測透呢？

If all we are, are evolved cosmic specks of dust in the universe, our past has no purpose, our future contains no hope, the inevitability of death means our present possesses nothing of real meaning or value.

如果我們都只是宇宙中進化的宇宙塵埃，我們的過去沒有目的，我們的未來沒有希望，死亡的必然性意味著我們的現在沒有任何真正的意義或價值。

None of us wants to merely exist, for life to just be average. By nature, we want our lives to be full and purposeful and so we make a bucket list, put ourselves at the centre and make it up as we go along.

我們誰都不想僅僅存在，只是平庸的去生活。從本質上講，我們希望我們的生活充實而有目的，所以我們列了一個遺願清單，把自己放在中心位置，並在我們前進的過程中不斷整理那清單。

Sure, we can exist and keep busy, getting through school, gaining qualifications, working at a job, raising a family, paying bills, living for the weekends, meeting deadlines and commitments, solving problems, prioritising, we're busy, and though we really want more fulfillment from each day, the purpose of life alludes us.

當然，我們可以存在並保持忙碌，完成學業，獲得資格，工作，養家糊口，支付賬單，過週末，按時完成任務，解決問題，確定優先次序，我們很忙，雖然我們真的希望每一天都有更多的成就感，但總是找不著生命的目的。

It's amazing that people can go through life, not discovering the purpose they were made for, and then they leave this life not knowing the answer to the question, *'why do I exist?'*

令人驚訝的是，人可以度過一生，卻沒有發現他們被造的目的，然後他們離開這一生時不知道“我為什麼存在？”這個問題的答案。

Atheist Bertrand Russell, recognized this, *“Unless you assume a God, the question of life's purpose is meaningless.”*

無神論者伯特蘭·羅素認識到這一點，「除非你假設有上帝，否則人生目的的問題就毫無意義。」

We can know our purpose, because we can know a personal God who has revealed himself to us.

我們可以知道我們的目的，因為我們可以認識一位向我們啟示自己的個人上帝。

Before I get to our purpose, I want to outline the negative effects of NOT taking the time to understand the purpose of life.

在我談到我們的目的之前，我想概述一下不花時間瞭解生活目的的負面影響。

If we fail to find the meaning and purpose of life, we face three consequences: Without knowing our purpose, life will seem **Tiresome**.

如果我們找不出生命的意義和目的，我們將面臨三種後果：不知道我們的目的，生活會顯得乏味。

Without purpose we're like a hamster on a treadmill, spinning, day after day, doing the same thing over and over; at the end of the day you drop into bed and wonder why am I doing this? 沒有目的，我們就像跑步機上的倉鼠，日復一日地旋轉，一遍又一遍地做同樣的事情；一天結束時，您倒在床上，想知道我為什麼要這樣做？

What is the purpose of life, is this all there is? Is there more to life than what I'm doing? 人生的目的是什麼，這就是全部嗎？生活還有比我正在做的事情更多的東西嗎？

The author of Ecclesiastes, which is wisdom literature found in the scriptures was only too aware of the tiresome nature of life; *meaningless, meaningless everything is meaningless* they concluded.

《傳道書》，在聖經中的智慧文學，的作者非常清楚生活的厭倦的本質；他們斷定一切都是，「虛空的虛空，虛空的虛空，全是虛空。」

Without knowing our purpose, life will seem **Unfulfilling**
不知道我們的目的，生活就會顯得不充實沒有成就感

When we don't know our purpose, we're restless, always on the move, moving to the next thing wondering 'is this going to bring satisfaction to me?' We're never going to be at peace until we know our purpose.

當我們不知道我們的目的時，我們會焦躁不安，總是在移動，移動到下一件事，想知道「這會給我帶來滿足感嗎？」除非我們知道我們的目的，否則我們永遠不會有平安。

Without knowing our purpose life will seem **Uncontrollable**
不知道我們的目標，生命似乎是無法控制

While we try to control our lives, there are so many things out of our control – have you ever tried to solve a problem like changing somebody or your circumstances that just refuse to change?

當我們試圖控制我們的生活時，有太多事情是我們無法控制的——你有沒有試過解決一個問題，比如改變某人或你的環境，但只得來拒絕改變？

The truth is in life, some things seem unfixable. If you don't know the purpose of your life, life will seem tiresome, unfulfilling and uncontrollable.

事實是，現實生活中，有些事情似乎無法解決。如果你不知道你的人生目標，生活就會顯得乏味令人厭煩、沒有成就感和無法控制。

So, what do we do if we don't know our purpose? There's only 2 options
那麼，如果我們不知道我們的目的，我們該怎麼辦？只有兩個選項

#1) **We make it up!** People do this all the time, they try to **create** meaning for their life, and they do it through a hobby or a sport, or music, achievements, a career, or something else, trying to find a meaning, so they make it up.

#1) **我們編造!** 人們一直都這樣做，他們試圖為自己的生活**創造**意義，他們通過愛好或運動、音樂、成就、職業或其他東西來實現，試圖找到意義，所以他們編造了它。

These activities can be fun and worthwhile, and they can have a value to them, but inside we know, there's gotta be more to life, than just having a job or having a hobby or having a sport. 這些活動可能很有趣，也很值得，它們可能本身有價值，但在我們內心深處，我們知道，生活必須是比這些東西有更多的，而不僅僅是一份工作、一種愛好或一項運動。

Something is missing. What on earth am I here for?
缺了點什麼。我來這裡到底是為了什麼？

- Do we put this in the too hard basket, try not to think about it, fill our lives with things to distract us from pending death & create meaning?

- 我們是否把它放在太難的籃子裡，盡量不去想它，讓我們的生活充滿事物來分散我們對即將到來的死亡的注意力並創造意義？

We will **never** discover the meaning and purpose of our life by looking within ourselves, it's the wrong place to start. We didn't create ourselves, so there is no way we can tell ourselves what we were created for!

我們**永遠不會**通過審視自己來了解發現我們的生活意義和目的，這是一個錯誤的起點。我們沒有創造自己，所以我們無法告訴自己我們是為了什麼而被創造的！

The purpose of our life is far greater than our own personal fulfillment, our peace of mind, or even our happiness. It's far greater than our family, our school, our hobbies or even our wildest dreams & ambitions. If we want to know why we were placed on this planet, we must begin with our maker.

我們生活的目的遠比我們個人的成就感、心靈的平靜甚至幸福更重要。它遠遠超過我們的家庭、我們的學業、我們的愛好甚至我們最瘋狂的夢想和抱負。如果我們想知道為什麼我們被安置在這個星球上，我們必須從我們的創造者開始。

Thank goodness there is a **2nd option** to knowing our purpose in life

謝天謝地，還有**第二種選擇**可以了解我們的人生目標

This second option is to **discover**, what God says is the purpose of life

第二個選擇是去**了解發現**，上帝所說的人生的目的是什麼

God is the creator of life, so God knows. This is relevant plausible & good

上帝是生命的創造者，所以上帝知道。這是相關的，合理和好的。

We were born **by** God's purpose and **for** God's purpose.

我們是**按**神的旨意而生，也是**為著**神的旨意而生的。

Contrasted with what the world says, *'it's all about you,'* it actually all starts with God!

與世人所說的「**一切都是關於你**」相反，實際上一切都是始於上帝的！

We're not here by chance, this isn't meaningless, we're born with a purpose

我們不是偶然來到這裡，這不是毫無意義的，我們生來就有目的

The answer is found in the Scriptures:

答案在聖經中：

For everything, absolutely everything, above and below, visible and invisible, . . . everything got started in Jesus and finds its purpose in Jesus; Colossians 1:16

因為萬有都是在他裏面的，無論是天上的、地上的，能看見的、不能看見的，... 一概都是藉著他為著他造的。《歌羅西書》 1:16

Everything in creation has a primary purpose, or a reason for existing; that's every tree, every rock, every creature, every human.

萬有都有主要目的，或存在的理由；每一棵樹，每一塊岩石，每一個生物，每一個人。

For anyone or anything to be successful, it must fulfill that purpose.

任何人或任何事要成功，它必須滿足這目的。

Every individual that God has created has a primary purpose.

上帝創造的每個人都有一個主要的目的。

In the passage read to us a moment ago, Paul shows us **3** simple things to consider when living purposefully, & God has **5** clear purposes for us.

在剛才讀給我們聽的這段經文中，保羅向我們展示了要有目的的生活時要考慮的三件簡單的事情，而上帝對我們有五個明確的目的。

1) Know Your Purpose. In other words, what is our reason for living?

1)認識了解你的目的換句話說，我們活著的理由是什麼？

What on earth am I here for?

我來這裡到底是為了什麼？

When we consider God's purpose for our life and what gives life meaning, we need to grasp that this it's all about relationships & prefaced by LOVE: Love for God and love for others.

當我們思考神對我們生命的目的，以及是什麼賦予生命意義時，我們需要明白，這一切都與關係有關，並以愛為序：對上帝的愛和對他人的愛。

Outlined in the Scriptures, God actually has 5 purposes for us, & as we undertake them, they attach us to “something larger than ourselves”

在聖經中概述，上帝實際上對我們有五個目的，當我們實現這些目的時，它們將我們附加上到那「比我們更大的東西」

So our #1 PURPOSE: We were planned for God's good pleasure to worship God

(Magnification): we're not a mistake, God intentionally made us, God loves us & delights in us; as a parent loves their child

所以我們的第一個目的：我們被計劃為上帝的喜悅來敬拜上帝「敬拜事工」：我們不是一個錯誤，上帝有意的創造了我們，上帝愛我們並喜悅我們；就像父母愛他們的孩子一樣。

“You are worthy, our Lord and God, to receive glory and honour and power, for you created all things, and by your will they were created and have their being;” Rev. 4:11.

「我們的主，我們的上帝，你配得榮耀、尊貴、權柄，因為你創造了萬物，萬物因你的旨意被創造而存在。」《啟示錄》4:11。

1647 The Westminster confession asked What is the chief end of humankind? A. A human's chief end is to glorify God, and to enjoy him for ever.

1647年的西敏寺信條，問：人生的首要目的是什麼？答：人生的首要目的是榮耀上帝，並以他為樂，直到永遠。

Don't think this is as if God has some deep insecurity, is on some ego trip, or needs our praise.

不要認為這好像上帝有某種深深的不安全感，在以自我為中心，或者需要我們的讚美。

We give glory and praise all the time. We give glory to creator's of new inventions, or a standing ovation at a fantastic concert, we recognise athletes with medals and applaud academic achievement & discoveries.

我們無時無刻都在給予榮耀和讚美。我們讚揚新發明的創造者，或者在一場精彩的音樂會上起立鼓掌，我們表彰獲得獎牌的運動員，並為學術成就和發現鼓掌。

God has given us an amazing planet and the gift of life, and each new day a sunrise, air to breath, a plethora of amazing diversity in creation

上帝給了我們一個神奇的星球和生命的禮物，每個新的一天都有日出，呼吸新鮮空氣，創造中有太多驚人的多樣性。

We have so much to be thankful to God for, to honour & give God glory; we give praise where it is due – so we magnify & glorify God.

我們有太多的事情要感謝上帝，尊貴和榮耀上帝；我們在應該被讚美的地方給予讚美——所以我們讚美和榮耀上帝。

In the passage read to us a moment ago from Philippians 3, Paul wrote quite simply, our **2nd purpose** for living is to be like Jesus.

在剛才讀給我們聽的《腓立比書》第3章中，保羅很簡單地寫明，我們活著的**第二個目的**是要效法耶穌。

Philippians 3:10 *“I want to know Christ, be like him, love & live like him*

《腓立比書》3:10，「使我認識基督，知道他復活的大能，並且知道和他一同受苦，效法他的死」

Becoming like Christ, spiritual growth, discipleship and **Maturity** in our faith is one of God's purposes for our life.

效法基督、屬靈成長、門徒訓練和我們的信中**成熟**是上帝對我們生命的目的之一。

To be like JESUS! What a different world if everyone was like Jesus.

去像耶穌一樣！ 如果每個人都像耶穌，那將是一個多麼不同的世界。

Paul reminds us in this passage how holding onto the past, can hinder us from purposeful living ...

保羅在這段話中提醒我們如何抓住過去，會阻礙我們有目的的生活……

#2) v.13b Forgetting what is behind I press on.

#2)13節下，忘記背後，努力面前的。

To live a life of purpose we can't hold onto the Past.

為了過上有目的的生活，我們不能緊抓著過去不放。

There are **2** elements of the past that we must let go of.

兩個過去的因素我們必須放棄。

a) **“don’t hold onto the Bad.”** Paul, just like all of us had a past to forget. He had caused a lot of pain and hurt a lot of people

a) **“不要緊抓著壞的不放。”** 保羅，就像我們所有人一樣都有要忘記的過去。他造成了很多痛苦，傷害了很多人

But, now he was faced with a choice. He could either dwell on his mistakes and let them ruin his life, or he could forget about them and move on

但是，現在他面臨著一個選擇。他可以沉迷於自己的錯誤，讓它們毀了他的生命，或者他可以忘記它們並繼續前進

We face this choice!

我們也面臨這樣的選擇！

Maybe you’ve had a bad experience just lately or maybe you did something long ago that you regret. Maybe the memories keep coming back to haunt you and stop you from living purposefully.

也許你最近經歷了一次糟糕的經歷，或者也許你很久以前做了一些讓你後悔的事情。也許回憶不斷地回來困擾著你，阻止你有目的地生活。

Well guess what? We all have a past, but we must forget the past!

你猜怎麼著？我們都有過去，但我們必須忘記過去！

I’m not talking about fond memories, hang on to them, BUT past mistakes.

我不是在談論美好的回憶，而是過去的錯誤。

They’re in the past; done & gone. There’s nothing we can do to change that, sure, we can hopefully learn not to repeat the same mistakes, but what we need to do is, “Forget what is behind and press on.”

他們已成為過去；完成並消失。我們再無能為力去改變這一點，當然，我們希望學會不再重蹈覆轍，但我們需要做的是，「忘記背後，努力面前的」

Regardless of the past, we still have the rest of life to play out.

不管過去如何，我們仍然有餘生要上演玩。

As God’s grace shows He is willing to forget our mistakes, He expects us to do the same

正如上帝的恩典表明他願意忘記我們的錯誤，同時他希望我們也同樣做。

In Is.43:25 reminds us, *“I will remember your sins no more.”*

《以賽亞書》43:25 提醒我們：「我也不再記得你的罪惡。」

b) The **2nd** element of the past that we must let go of:

b) **第二個**過去的元素我們必須放下是：

“Don’t hold onto the Good.” (this may seem counter-intuitive, let me explain)

「不要執著於你的善行。」（這似乎違反直覺，讓我解釋一下）

We can zero in on one good period of time in our life - and spend the rest of our lives trying to relive that moment; ever heard someone say life was better in **the ‘good old days’?**

我們可以專注於我們生命中的一段美好時光——然後用我們的餘生來重溫那一刻；曾經聽過有人說「過去的美好時光」中生活更好嗎？

Paul knew that a good past was not enough to guarantee a meaningful future and concluded:

保羅知道美好的過去不足以保證有意義的未來，並總結道：

whatever gain I had I counted as loss for the sake of Christ

只是我先前以為對我是有益的，我現在因基督的緣故而當作是有損的。

Paul was saying “*I will not live in the past. My purpose for living is for God’s glory and to be like Jesus, and whatever happened yesterday, good or bad, is now ancient history. I will live for Jesus today.*”

保羅是說：「我不會活在過去。我活著的目的是為了上帝的榮耀和效法耶穌，昨天發生的一切，無論好壞，現在都是古老的歷史。今天我要為耶穌而活。」

Know this: *God loves us just the way we are, but He loves us too much to leave us that way – he wants us transform us to be like Jesus!*

知道這一點：上帝愛我們現在的樣子，但他太愛我們了，不會讓我們就這樣繼續——他想要我們，改變我們成為像耶穌一樣！

#3) The **3rd** thing found in this Bible passage to focus us on a purposeful life v.14 – *press on toward the goal to win the prize*

#3) 在這段聖經經文中發現的**第三件事**讓我們專注於有目的的生活是 14 節 - 向著標竿直跑，要得上帝在基督耶穌裏從上面召我來得的獎賞。

Don’t lose sight of the fact that this isn’t all there is to life, the resurrection makes it clear that eternity awaits, we come back, which means everything we do now counts.

不要忽視這樣一個事實，不要忘記這不是生命的全部，復活清楚地表明永恆在等待，我們回來，這意味著我們現在所做的一切都很重要。

So, in the knowledge that in Jesus our future is secure, we don’t have to worry about tomorrow so we can press on today!

所以，既然知道在耶穌裡我們的未來是安全的，我們就不必為明天擔心，所以我們可以在今天繼續前進！

It is easy to live in the past. And it is easy to dream away the future. It’s a real challenge to face the present, because it means we can no longer allow ourselves the luxury of saying, “if only, or one of these days I’ll do this or that ...”

活在過去很容易。而且很容易幻想未來。面對現在是一個真正的挑戰，因為這意味著我們不能再讓自己奢侈地說，「如果只是，或者有一天，我會做這個或那個……」

Press on: Facing the present means that we choose to live life as it comes to us day by day, as we put our faith in Jesus today, and trust Him to be involved in every part of our lives.

竭力前進：面對現在意味著我們選擇每天相信耶穌，並相信他會參與我們生活的每一部分，去一天一天地的生活。

There are incredible benefits of knowing our purpose and then living for that purpose.
知道我們的目的然後為那個目的而生活有難以置信的好處。

Knowing our purpose gives us focus, simplifies life, motivates us, and prepares us for eternity.
了解我們的目標可以讓我們專注、簡化生活、激勵我們並為永恆做好準備。

That's the key, our life now is preparation for eternity.
這是關鍵，我們現在的生活是為永恆做準備。

In preparation for eternity, we need to know our 5 purposes:
在為永恆做準備時，我們需要知道我們的五個目的：

to summarise
作為總結

We were formed for God's good pleasure, to worship God, give God the glory and magnify His name.

我們是為了上帝的美意而被造，去敬拜上帝，將榮耀歸給上帝並尊崇祂的名。

We were formed to be part of God's family & fellowship together (Membership): God calls us his children, we are a brand-new creation in Christ – let's build one another up & carry each other's burdens.

我們被塑造成為上帝家庭和團契的一部分（成員事工）：上帝稱我們為他的兒女，我們在基督裡是一個全新的創造——讓我們彼此建立並肩負彼此的重擔。

We were created to be disciples, to become like Christ (Maturity): from the inside out God seeks to change us to be like Jesus - what a difference!

我們是為了成為門徒，變得像基督（成熟事工）而被造：上帝從內到外改變我們，使我們像耶穌一樣——多麼的不同！

We were shaped for serving God (Ministry): seeking justice, showing compassion; loving God & loving others. That's right now, wherever we are, whatever our skill set, vocation, passions; we are one body in Christ with many parts, & roles & skills – if you love Jesus consider yourself called – we're all in ministry together – so let's serve one another.

我們被塑造為侍奉上帝（事奉事工）：尋求正義，表現出憐憫；愛上帝和愛他人。那就是現在，無論我們身在何處，無論我們的技能、職業、熱情如何；我們在基督裡是一個身體，有許多部分、角色和技能——如果你愛耶穌，就要認為自己是蒙呼召了——我們都在一起事奉——所以讓我們互相服侍。

We were made for a (Mission): wherever you are, proclaiming Jesus' love & pointing everyone to Jesus in word is purposeful living.

我們是為一個（宣教事工）而被造的：無論你在哪裡，宣揚耶穌的愛並用話語將每個人都指向耶穌，就是有目的的生活。

Conclusion 結論

Imagine there is a bank that credits your account each morning with \$86,400. It carries over no balance from day to day. Every evening it deletes whatever part of the balance you used during the day.

想像一下，有一家銀行每天早上將 86,400 元存入您的帳戶。它每天都沒有結餘。每天晚上它都會刪除您白天使用的餘額的任何部分。

What would you do? Draw out all of it, surely!

你會怎麼做？一定要把所有錢全部取出來！

Each of us has such a bank. It's called **TIME**.

我們每個人都有這樣一個銀行。它叫做時間。

Every morning, it credits us with **86,400 seconds**. Every night we lose whatever of this we have failed to invest to a good purpose.

每天早上，它為我們存入 **86,400 秒**。每天晚上，我們都會失去我們未能為良好目的投資的任何東西。

We can never get back any that we did not use. It is lost forever.

我們未使用的任何一分一秒都永遠無法取回。是永遠的丟失了。

Each day TIME opens up a new account for us. Each night it burns the remains of the day. If you fail to use the day's deposits, the loss is ours.

每天時間都會為我們開設一個新帳戶。每晚它都會把當天的剩餘燒了。如果您未能好好使用當天的存款，損失由我們承擔。

What are you doing with your life? What on earth am I here for?

你在用你的生命做什麼？我來這裡到底是為了什麼？

Now I know this illustration has some holes – we do need to sleep or else we'll die, so if you get 8 hours a night that's 28800 seconds, **But** it does still leave us with **57600 seconds** left to seize each new day.

我是知道這個例子有一些漏洞——我們確實需要睡覺，否則我們會死，所以如果你每晚睡八個小時，那就是 28800 秒，但它仍然每一天留給我們 **57600 秒** 來把握。

Life is short, we need to take advantage of every opportunity that comes our way to fulfill a **meaningful & purposeful life**.

生命是短暫的，我們需要利用我們遇到的每一個機會來完成一個有意義的和有目的的生活。

God has a purpose for everything and everyone. If your heart is beating right now, God wants you to live out the purposes He has planned for you:

上帝對每件事和每一個人都有一個目的。如果你的心現在在跳動，上帝希望你活出祂為你計劃的目的：

Don't wait for some transcendent experience or voice of God booming from the clouds, we are all called now to magnification, membership, maturity, ministry and mission.

不要等待一些超然的經驗或上帝的聲音從雲端傳來，我們現在都被呼召去敬拜、成為成員、成熟、事奉和宣教。

Will you live a life of purpose? It begins when we say: *“I want to know Christ, forgetting what is past I press on.”* Phil. 3

你會過有目的的生活嗎？是開始於當我們說：「我只有一件事，就是忘記背後，努力面前的，為了得著基督耶穌」《腓立比書》3章